• remove equal amount from both sides of centreline • less than 110 metre X 60 metre playing field • for both men's and women's restraining lines the distance from 50 m each restraining line to the goal line remains as indicated on this • all black lines on this diagram are field markings (54.68 yd) diagram • all blue lines are diagram labels only • the length of the wing line on each side of centre is half 18.5 m the distance from the centreline to the men's restraining line (14.22 yd) (20.23 yd) NOTE 5 m 4 m 5 m • centreline is 10.2 cm (4 inches) wide (4.37 yd) (5.47 yd) (5.47 yd) • all other lines are 5.1 cm (2 inches) wide 4 m (4.37 yd) score Team Bench Area Team Bench Area table Coaches' walk Men's sub Coaches' walk Men's game only Men's game only Men's goal area line (restraining Women's restraining line R 3 m R 11 m (3.28 yd)(12.03 yd) 60 m (65.62 yd) 7.55 m 1.83 m 11 m 15 m (8.26 yd) R 9 m (12.03 yd) (16.40 yd) (6 ft) (9.84 yd) 18 m (19.69 yd) 30 m (32.81 yd) 4.0 m (4.37 yd) 12.5 m 12.0 m 12 m 18 m 12.5 m 18 m 25 m (13.67 yd) (13.67 yd) (27.34 yd) (13.12 yd) (13.12 vd) (19.69 vd) 30 m 25 m 55 m (32.81 yd) (27.34 yd) (60.15 yd) 110 m (120.30 yd)

Modifying the FIL Unified Men's and Women's Lacrosse Field

Guidelines for reducing length of field